

Thomas Gene Howard

DOB: 6-16-55

Medications

Revised 3-18-26

Village Discount Drugs
1001 Avalon Ave
Muscle Shoals, AL 35661
(256) 386-5220

Primary physician:

Dr. Roy Barco
203 W Avalon Ave
Muscle Shoals, AL 35661
(256) 383-6070

Medication

Dosage

Prescription:

Dr. Roy Barco
Losartan (blood pressure)25 mg once daily

Dr. Jessica Knapmeyer, CRNP

Rosuvastatin (cholesterol).....5 mg once daily
Vitron-C 65-125 Tab 3X per week
Folic acid, 1 mg once daily
Cyanocobalamin, B12, 1000 mcg tab once daily

Betamethasone dipropionate 0.05 %
topical cream (skin rash of ear canal) as needed

Over-the-counter:

Turmeric root extract500 mg capsule, 1 capsule by mouth daily
Vitamin D3.....2,000 unit tablet, 1 tablet by mouth daily
Antihistamine.....one daily
Lubricating eye dropsas needed

Immunizations:

3-26-21Moderna 028A21A
4-29-21Moderna 027B21A
11-6-21Moderna Booster 065F21A
11-20-21Shingles vaccine
11-20-21Influenza vaccine
5-14-222nd Shingles vaccine
10-25-22Influenza vaccine
10-23-23Influenza vaccine
11-14-24Influenza vaccine

Omitted:

Dr. Morgan Stout
Nasonex 2 sprays each nostril twice daily

Dr. James Ryerson (March 2026)
PEN VK (antibiotic) 250 mg 4 times daily

Dr. Pamela McGarrah
Helen Keller Professional Building 1100
1100 S Jackson Hwy, Suite 250
Sheffield, AL 35660
Phone: (256) 381-6673
Fax: (256) 381-8091
Caitlin Hunter

Cetirizine10 mg, 1 tablet by mouth daily
Nasacort (nasal spray)once per day

Dr. Peter A. Johnson
1100 South Jackson Highway, Suite 104
Sheffield, AL 35660
Phone: (256) 386-4660
Fax: (256) 386-4691

Spirolact (water retention)25 mg, 1 tablet by mouth daily

Fish Oil Concentrate1,000 mg capsule, 1 capsule by mouth twice daily
Zinc22 mg tablet, 1 tablet by mouth daily
Vitamin C500 mg tablet, 1 tablet by mouth twice daily